

28. Ruhrtal-Volkslauf und 27. Hochsauerland-Waldmarath

28. September 2008 in
Bestwig-Föckinghausen



TuS 92/07 Velmede-Bestwig
Leichtathletik -Volkslauf
Dietmar Häger
Vereinsstr. 15
59909 Bestwig
www.tus-velmede-bestwig.de

Volkslauf 1,35 km

| <u>Pl</u> <u>AK</u> <u>AK</u> | <u>GesPl</u> | <u>Name</u> | <u>Verein</u> | <u>Zeit</u> |
|-------------------------------|--------------|----------------------|---------------------------------|-------------|
| 1 M6 | 10 | Schüssler, Till | LAC Veltins TV Schmallenberg | 06:39,8 |
| 1 M7 | 13 | Stricker, Kilian | LAC Veltins VFL Fleckenberg | 06:57,7 |
| 2 M7 | 14 | von Weichs, Titus | LAC Veltins TV Schmallenberg | 06:58,6 |
| 3 M7 | 16 | Ricken, Felix | Tus Velmede Bestwig | 07:28,8 |
| 4 M7 | 18 | Griggel, Felix | SSV Meschede | 08:01,2 |
| 1 M8 | 6 | Vielhaber, Florian | LAC Veltins TuS Oeventrop | 06:05,2 |
| 1 M9 | 8 | Ockershausen, Paul | LAC Veltins TV Schmallenberg | 06:31,3 |
| 2 M9 | 9 | von Weichs, Konrad | LAC Veltins TV Schmallenberg | 06:33,9 |
| 3 M9 | 11 | Schüssler, Nils | LAC Veltins TV Schmallenberg | 06:42,7 |
| 1 M10 | 3 | Behlau, Nils | LG Deirigsen | 05:36,1 |
| 2 M10 | 4 | Péus, Lars | Tus Velmede Bestwig | 05:37,0 |
| 3 M10 | 15 | Dolle, Lars | LAC Veltins TuS Velmede-Bestwig | 07:27,9 |
| 4 M10 | 17 | Dolle, Nico | LAC Veltins TuS Velmede-Bestwig | 07:57,5 |
| 1 M11 | 1 | Kaars, Jesse | SCM | 05:29,3 |
| 2 M11 | 2 | Richard, Jakob | LAC Veltins TV Schmallenberg | 05:34,9 |
| 3 M11 | 5 | Gawehn, Andre | LAC Veltins VFL Fleckenberg | 05:41,9 |
| 4 M11 | 7 | Pilgram, Jens | TV Calle | 06:27,6 |
| 5 M11 | 12 | Pilgram, Maik | TV Calle | 06:44,5 |
| 1 W7 | 12 | Kriegeskorte, Marie | LAC Veltins VfL Fleckenberg | 06:51,1 |
| 1 W8 | 2 | Eckert, Lisa | SSV Meschede | 05:49,9 |
| 2 W8 | 5 | Waßmann, Maja | PSV Brilon | 06:04,3 |
| 3 W8 | 9 | Schöpe, Elisabeth | | 06:30,5 |
| 4 W8 | 10 | Brouwer, Celine | LAC Veltins TuS Oeventrop | 06:44,2 |
| 5 W8 | 11 | Deus, Maren | LAC Veltins TV Schmallenberg | 06:47,7 |
| 1 W9 | 3 | Kriegeskorte, Sophia | LAC Veltins VfL Fleckenberg | 05:59,7 |
| 2 W9 | 4 | Keggenhoff, Vivien | SC Hagen-Wildewiese | 06:01,5 |
| 3 W9 | 7 | Adam, Svenja | LAC Veltins TV Schmallenberg | 06:10,4 |
| 1 W10 | 8 | Donner, Andrea | LAC Veltins VFL Fleckenberg | 06:24,6 |
| 1 W11 | 1 | Altrup, Julia | LAC Veltins TV Neheim | 05:47,7 |
| 2 W11 | 6 | Goers, Sabine | LAC Veltins TuS Rumbeck | 06:06,3 |

Volkslauf 3,7 km

| <u>Pl</u> <u>AK</u> <u>AK</u> | <u>GesPl</u> | <u>Name</u> | <u>Verein</u> | <u>Zeit</u> |
|-------------------------------|--------------|------------------|------------------------------|-------------|
| 1 M11 | 5 | Kaars, Jesse | SCM | 16:12,1 |
| 1 M12 | 2 | Herrmann, Tobias | LG Warstein-Rüthen-Soest | 15:17,8 |
| 2 M12 | 6 | Schmidt, Leon | VFL Fleckenberg | 17:09,9 |
| 1 M13 | 7 | Appelhans, Aaron | SC Hagen-Wildewiese | 17:58,0 |
| 2 M13 | 8 | Belessis, Jannis | LAC Veltins TV Schmallenberg | 18:24,5 |
| 1 M14 | 3 | Föster, Simon | LAC Veltins TV Schmallenberg | 15:44,6 |
| 2 M14 | 4 | Fischer, Michael | LAC Veltins TV Schmallenberg | 16:04,0 |
| 1 M15 | 1 | Steinberg, Robin | SC Hagen-Wildewiese | 14:55,4 |
| 1 m.Jugend E | 9 | Péus, Marc | Tus Velmede Bestwig | 19:25,2 |

| <u>PlAK AK</u> | <u>GesPl</u> | <u>Name</u> | <u>Verein</u> | <u>Zeit</u> |
|----------------|--------------|--------------------|---------------------------------|-------------|
| 1 W10 | 4 | Kaars, Lotte | SCM | 18:27,6 |
| 1 W11 | 7 | Streich, Leonie | Schwimmabt. SSV Meschede | 21:54,3 |
| 1 W12 | 2 | Behlau, Leia Marie | LG Deirigsen | 18:02,2 |
| 2 W12 | 3 | Klanitz, Pia | LAC Veltins VFL Fleckenberg | 18:07,2 |
| 3 W12 | 5 | Zoccolan, Laura | LAC Veltins TUS Rumbeck | 18:40,3 |
| 4 W12 | 6 | Bellinger, Laura | LAC Veltins TV Schmallingenberg | 19:25,9 |
| 1 W13 | 1 | Föster, Sophia | LAC Veltins TV Schmallingenberg | 17:29,9 |

Volkslauf 9,65 km

| <u>PlAK AK</u> | <u>GesPl</u> | <u>Name</u> | <u>Verein</u> | <u>Zeit</u> |
|----------------|--------------|-----------------------|------------------------------------|-------------|
| m.Jgd A | | | | |
| 1 | 5 | Schröder, Magnus | SC Hagen Wildewiese | 00:39:33 |
| 2 | 6 | Wetzel, David | Schwimmabt. SSV Meschede | 00:39:55 |
| m.Jgd B | | | | |
| 1 | 13 | Tillmann, Nick | LAC Veltins VFL Fleckenberg | 00:41:57 |
| 2 | 19 | Schröder, Konrad | SC Hagen Wildewiese | 00:42:56 |
| 3 | 33 | Mansheim, Patrick | Schwimmabt. SSV Meschede | 00:49:12 |
| 4 | 40 | Streich, Lukas | Schwimmabt. SSV Meschede | 00:52:27 |
| 5 | 44 | Heite, Meinolf | TUS Wallenstein | 00:54:44 |
| 6 | 47 | Gerold, Jörn | LAC Veltins TuS Velmede-Bestwig | 00:57:47 |
| M20 | | | | |
| 1 | 1 | Schüller, Tobias | LAC Veltins TuS Oeventrop | 00:35:49 |
| 2 | 10 | Bischke, Christian | LAC Veltins TuRa Freienohl | 00:41:14 |
| 3 | 16 | Voß, Patrick | LAC Veltins TuS Oeventrop | 00:42:32 |
| M30 | | | | |
| 1 | 3 | Kraus, Andre | LAC Veltins Hochsauerland | 00:36:58 |
| 2 | 22 | Rothenbusch, Daniel | Aphrodite Wildshausen | 00:44:11 |
| M35 | | | | |
| 1 | 14 | Blume, Dietmar | LAC Veltins TuS Herdringen | 00:42:10 |
| 2 | 24 | Franke, Stefan | Warstein | 00:44:23 |
| 3 | 28 | Peters, Dirn | TUS Oeventrop | 00:47:21 |
| 4 | 45 | Bürger, Karsten | | 00:56:16 |
| M40 | | | | |
| 1 | 4 | Behlau, Thorsten | LG Deirigsen | 00:37:43 |
| 2 | 11 | Wegener, Peter | LAC Veltins Hochsauerland | 00:41:17 |
| 3 | 21 | Hennecke, Frank | KÖLN-SÜLZ | 00:44:09 |
| 4 | 26 | Litz, Heribert | Rüthen-Kellinghausen | 00:46:28 |
| 5 | 29 | Brouwer, Jörg | Tri Fun Hennesee | 00:47:56 |
| 6 | 32 | Reinscheid, Uwe | LG Wald | 00:48:48 |
| 7 | 34 | Morfeld, Stefan | LAC Veltins TUS Valmetal | 00:49:20 |
| 8 | 35 | Föster, Michael | LAC Veltins TV Schmallingenberg | 00:50:55 |
| 9 | 37 | Sauer, Thomas | Buschhütten | 00:51:20 |
| 10 | 39 | Hilger, Stefan | Trifun Hennesee | 00:52:02 |
| 11 | 41 | Allinger, Jürgen | Vega Sprinter Hennesee | 00:54:00 |
| 12 | 48 | Fricke, Joerg | FV LAC | 00:58:29 |
| M45 | | | | |
| 1 | 2 | Fleige, Bernd | LG Deirigsen | 00:36:43 |
| 2 | 7 | Baust, Norbert | LAC Veltins Hochsauerland TV Calle | 00:40:54 |
| 3 | 9 | Mitzscherling, Rolf | LAC Veltins Hochsauerland | 00:41:05 |
| 4 | 17 | Breitkopf, Markus | SC Hagen Wildewiese | 00:42:39 |
| 5 | 20 | Pavone, Klaus | SSV Allendorf | 00:44:02 |
| 6 | 25 | Bruder, Antonius | TuS Wallenstein Wallen | 00:45:57 |
| 7 | 27 | Appelhans, Norbert | SC Hagen-Wildewiese | 00:46:56 |
| 8 | 43 | Theune, Roland | LAC Veltins TUS Valmetal | 00:54:28 |
| M50 | | | | |
| 1 | 8 | Teutenberg, Wolfgang | LT Olsberg | 00:41:01 |
| 2 | 12 | von Heydebrand, Klaus | FC Remblinghausen | 00:41:26 |

| <u>PI AK</u> | <u>GesPI</u> | <u>Name</u> | <u>Verein</u> | <u>Zeit</u> |
|-------------------|--------------|----------------------|------------------------------|-------------|
| 3 | 15 | Büttner, Wilfried | LAC Veltins TuRa Freieneohl | 00:42:19 |
| 4 | 18 | Kämper, Fritz | SV Preussen Lünen | 00:42:53 |
| 5 | 23 | Hermes, August | LAC Veltins TUS Valmetal | 00:44:11 |
| 6 | 42 | Wiese, Manfred | trifunhennensee | 00:54:07 |
| 7 | 49 | Hüser, Udo | | 00:59:56 |
| M55 | | | | |
| 1 | 31 | Hilber, Uli | SC Fretter | 00:48:24 |
| 2 | 36 | Donner, Friedel | SC Kueckelheim | 00:51:06 |
| 3 | 38 | Grimm, Rainer | LAC Veltins TV Fredeburg | 00:51:51 |
| M60 | | | | |
| 1 | 46 | Steinrücken, Ulrich | TUS Germ. Bruchhausen | 00:56:19 |
| 2 | 50 | Rüther, Friedhelm | LAC Veltins TuS Oeventrop | 01:02:25 |
| M65 | | | | |
| 1 | 30 | Hübner, Lutz | | 00:48:03 |
| w.Jugend A | | | | |
| 1 | 4 | Schulte, Sarah | LAC Veltins TV Schmallenberg | 00:52:35 |
| w.Jugend B | | | | |
| 1 | 6 | Klapetz, Astrid | | 00:53:34 |
| W30 | | | | |
| 1 | 1 | Hoff-Gerke, Carolina | SSV Allendorf | 00:43:31 |
| 2 | 2 | Peters, Diana | TV Arnsberg | 00:47:04 |
| W40 | | | | |
| 1 | 3 | Wandmacher, Dorothee | LT Olsberg | 00:52:26 |
| 2 | 5 | Wagner, Heike | LAC Veltins TUS Valmetal | 00:53:07 |
| 3 | 9 | Bayer, Angelika | TUS Wallenstein | 00:56:34 |
| 4 | 10 | Bruecher, Daniela | LT Donnertal | 00:58:47 |
| W45 | | | | |
| 1 | 7 | Schreiner, Afra | LAC Veltins TuRa Freieneohl | 00:54:54 |
| W50 | | | | |
| 1 | 8 | Wiese, Anita | trifunhennensee | 00:56:14 |
| 2 | 11 | Czymoch, Birgit | Marathon Soest | 01:01:00 |

Walking 9,65 km

| <u>PI AK</u> | <u>GesPI</u> | <u>Name</u> | <u>Verein</u> | <u>Zeit</u> |
|--------------|--------------|----------------------|---------------------------------|-------------|
| M | | | | |
| 1 | 1 | Schuchmann, Erwin | | 01:11:09 |
| 2 | 2 | Gerold, Sven | LAC Veltins TuS Velmede-Bestwig | 01:22:41 |
| 3 | 3 | Kauertz, Wolfgang | | 01:24:29 |
| 4 | 4 | Hense, Fritz | LAC Veltins TV Calle | 01:27:11 |
| W | | | | |
| 1 | 1 | Schuchmann, Barbara | (Bergheim) | 01:14:01 |
| 2 | 2 | Beule-Dickel, Ulla | TUS Wennemen | 01:14:45 |
| 3 | 3 | Wippermann, Michaela | TUS Valmetal | 01:19:34 |
| 4 | 4 | Bathen, Ulrike | TUS Valmetal | 01:22:56 |
| 5 | 5 | Schroeder, Heike | TUS Valmetal | 01:24:14 |
| 6 | 6 | Thüsing, Birgit | TUS Wennemen | 01:27:11 |
| 7 | 7 | Töppel, Beate | TUS Wennemen | 01:27:11 |
| 8 | 8 | Schulte, Cornelia | TUS Wennemen | 01:28:35 |

Halbmarathon 21,097 km

| <u>PI AK</u> | <u>GesPI</u> | <u>Name</u> | <u>Verein</u> | <u>Zeit</u> |
|----------------|--------------|-------------------|--------------------------|-------------|
| m.Jgd A | | | | |
| 1 | 2 | Schönherr, David | PV Triathlon Witten | 1:25:39, |
| 2 | 18 | Heiken, Matthias | LAC Veltins TUS Valmetal | 1:45:15, |
| M 35 | | | | |
| 1 | 6 | Brambring, Stefan | LT Olsberg | 1:33:50, |
| 2 | 21 | Tusch, Daniel | LAC Veltins TUS Valmetal | 1:46:43, |

| PI AK | GesPI | Name | Verein | Zeit |
|-------------|-------|------|-------------------------|----------|
| | 3 | 31 | Senicar, Florian | 1:53:37, |
| | 4 | 44 | Hinkel, Robert | 2:19:08, |
| M 30 | | | | |
| | 1 | 3 | Schrage, Burkhard | 1:27:12, |
| | 2 | 13 | Schwering, Bastian | 1:42:10, |
| | 3 | 23 | Lungwitz, Matthias | 1:48:26, |
| | 4 | 37 | Richter, Dominik | 2:09:19, |
| M 35 | | | | |
| | 1 | 1 | Hoelscher, Mathias | 1:23:51, |
| | 2 | 10 | Nerowski, Markus | 1:37:28, |
| | 3 | 34 | Stolz, Andreas | 2:01:30, |
| | 4 | 43 | Urssu, Mark | 2:13:59, |
| M 40 | | | | |
| | 1 | 7 | Mueller, Christian | 1:35:10, |
| | 2 | 8 | Wortmann, Dirk | 1:35:31, |
| | 3 | 12 | Schmitt, Peter | 1:39:41, |
| | 4 | 17 | Prior, Klaus | 1:45:01, |
| | 5 | 19 | Queiros, Joao Paulo | 1:46:20, |
| | 6 | 20 | Lange, Wolfgang | 1:46:35, |
| | 7 | 22 | Koch, Michael | 1:48:17, |
| | 8 | 35 | Engel, Werner | 2:01:34, |
| | 9 | 42 | Dute, Kai Uwe | 2:13:19, |
| M45 | | | | |
| | 1 | 4 | Gawehn, Peter | 1:30:32, |
| | 2 | 9 | Kloos, Ralf | 1:36:52, |
| | 3 | 14 | van Rennings, Uwe | 1:42:44, |
| | 4 | 15 | Heppe, Udo | 1:43:06, |
| | 5 | 16 | Scheitza, Falko | 1:43:26, |
| | 6 | 24 | Berghäll, Helge | 1:48:37, |
| | 7 | 25 | Beck Dr., Ralf | 1:49:13, |
| | 8 | 32 | Werthschulte, Volker | 1:57:13, |
| | 9 | 38 | Kotthoff, Bertin | 2:11:53, |
| | 10 | 39 | Müller, Christoph | 2:12:37, |
| M50 | | | | |
| | 1 | 5 | Czymoch, Uwe | 1:32:23, |
| | 2 | 11 | Schulte, Friedel | 1:39:26, |
| | 3 | 26 | Hoffmann, Klaus | 1:49:51, |
| | 4 | 30 | Dietrich, Robert | 1:53:04, |
| | 5 | 36 | Schneider, Rolf | 2:05:41, |
| | 6 | 41 | Kotthoff, Klaus-Michael | 2:12:52, |
| M55 | | | | |
| | 1 | 27 | Herz, Ulrich | 1:50:43, |
| | 2 | 28 | Griggel, Heinz | 1:51:02, |
| | 3 | 29 | Plümper, Klaus | 1:52:55, |
| | 4 | 33 | Griggel, Eddi | 1:57:46, |
| | 5 | 40 | Köller, Antonius | 2:12:46, |
| | 6 | 45 | Tymiec, Dr., Stefan | 2:33:46, |
| W30 | | | | |
| | 1 | 3 | Odor, Karin | 1:58:43, |
| W35 | | | | |
| | 1 | 4 | Halfmann, Sabrina | 2:01:06, |
| W40 | | | | |
| | 1 | 1 | Bobbert, Annette | 1:54:06, |
| W45 | | | | |
| | 1 | 2 | Spancken, Petra | 1:58:30, |
| | 2 | 5 | Köster, Susanne | 2:03:41, |
| | 3 | 8 | Hillmer, Jutta | 2:12:49, |
| | 4 | 9 | Werthschulte, Beate | 2:29:13, |
| | 5 | 10 | Berger, Birgit | 2:31:09, |

| PI AK | GesPI | Name | Verein | Zeit |
|------------|-------|---------------------|---------------|----------|
| W55 | | | | |
| 1 | 7 | Herz, Ria | LT-Hagen Emst | 2:12:18, |
| W60 | | | | |
| 1 | 6 | Hilkenbach, Christa | | 2:05:44, |

Waldmarathon 42,195 km

| PI AK | GesPI | Name | Verein | Zeit |
|------------|-------|----------------------------|----------------------------|----------|
| M20 | | | | |
| 1 | 16 | Klapetz, Florian | Lünen | 03:52:45 |
| 2 | 20 | Bienert, Florian | LC 92 Bad Salzuflen | 04:02:11 |
| 3 | 37 | Heerich, Heinrich | Morschen | 05:07:21 |
| M35 | | | | |
| 1 | 5 | Kuschel, Tom | Marathon-Club Menden | 03:28:55 |
| 2 | 8 | Schürman, Rolf | | 03:38:26 |
| 3 | 18 | Ackermann, Detlef | LG ASV DSHS Köln e.V. | 03:54:21 |
| 4 | 35 | Richter, Andreas | Grashüpfer Köln | 04:51:21 |
| M40 | | | | |
| 1 | 1 | Haarmann, Peter | (Hagen) | 03:14:56 |
| 2 | 2 | Gerlach, Karl | Marathon-Club Menden | 03:20:38 |
| 3 | 15 | Blasberg, Frank | LG Monheim/Baumberg | 03:49:43 |
| 4 | 17 | Kruse, Jochen | LT Hemsbach | 03:52:46 |
| 5 | 24 | Rutledge, Kai | Hemer | 04:03:45 |
| 6 | 26 | Wolff, Walter | Sportfreunde Ennepetal | 04:06:56 |
| 7 | 30 | Potrafky, Heinz-Joachim | LT TuS Iserlohn | 04:24:16 |
| M45 | | | | |
| 1 | 4 | Leutermann, Thomas | TuS Glane | 03:27:19 |
| 2 | 6 | Krömer, Heinz-Werner | 1. FC Spich | 03:31:25 |
| 3 | 7 | Becker, Mattin | BSV Bergheim | 03:36:49 |
| 4 | 9 | Häusler, Ralf | Live Lauftreff in Versmold | 03:38:37 |
| 5 | 11 | Theuerkorn, Thomas | Grüne Handschuhe Bielefeld | 03:40:28 |
| 6 | 12 | Slabon, Raimund | ASV Tönisheide | 03:48:41 |
| 7 | 13 | Wibberg, Henry | Marathon-Club Menden | 03:48:42 |
| 8 | 14 | Averdung, Berthold | VT Kempen | 03:48:47 |
| 9 | 19 | Olbrisch, Wolfgang | Datteln | 04:02:02 |
| 10 | 32 | Gaemlich, Bernd | 100 Marathon Club | 04:37:07 |
| M50 | | | | |
| 1 | 22 | Balzer, Reinhold | | 04:03:01 |
| 2 | 23 | Rüsenberg, Michael | TV Steinheim | 04:03:18 |
| 3 | 25 | Panitz, Ralph | LG Weidmüller | 04:06:28 |
| 4 | 27 | Sema, Ralf | Sportfreunde Ennepetal | 04:06:56 |
| 5 | 28 | Köster, Manfred | (Gelsenkirchen) | 04:14:26 |
| 6 | 29 | Berghoff, Egbert | CW Amecke | 04:20:02 |
| M55 | | | | |
| 1 | 10 | Zimmer, Heinrich | LT Sümmern | 03:39:12 |
| 2 | 21 | Probst, Matthias | LC 92 Bad Salzuflen | 04:02:12 |
| 3 | 31 | Dörenkamp, Anton | LT Elsen Wever | 04:33:39 |
| 4 | 33 | Van der Putten, Joop | Niew Vennep | 04:39:07 |
| 5 | 34 | Meinhold, Günter | 100Marathon-Club | 04:44:27 |
| 6 | 38 | Gemmeker, Bodo | Verein TV 07 | 05:08:02 |
| 7 | 39 | Litke, Werner | | 05:08:03 |
| 8 | 40 | Güdelhöfer, Ernst | Lauffreunde Venusberg | 05:52:50 |
| M65 | | | | |
| 1 | 3 | Scheibehenne, Dr. Günther | DAV (Steffenberg) | 03:25:43 |
| 1 | 36 | Deutsch, Wilhelm | LC 92 Bad Salzuflen | 04:52:13 |
| 2 | 41 | Berka, Volker | DJK Ochtendung | 05:57:37 |
| W30 | | | | |
| 1 | 2 | Durry, Simone | (Düsseldorf) | 03:38:45 |
| W40 | | | | |
| 1 | 1 | Schönherr-Hölscher, Birgit | PV Triathlon Witten | 03:21:02 |
| 2 | 3 | Wiegand, Birgit | PV Triathlon Witten | 03:54:48 |